



HS/MS Menu Week of Feb 22



Monday
22-Feb

Tuesday
23-Feb

Wednesday
24-Feb

Thursday
25-Feb

Friday
26-Feb

* * *
Kimchi Soup
Green Pea Soup

* * *
Vegetable Barley Soup
Carrot Soup

* * *
Hot Sour Soup
Chicken Corn Soup

* * *
Borschi
Potato Soup

* * *
Tomato Soup with Pasta
Mushroom Soup

* * *
Roast Chicken Siciliana
Grill Sausage
Spinach with Tomato
Roast Potato

* * *
Mini Chicken Burger
Grill Pork Jiaozi
Zucchini with Tomato
Steam Pumpkin with Pea

* * *
KungBao Chicken
Sausage Potato Bake
Green Bean and Tomato
Potato Lyonnaise

* * *
Beef Stronganoff
Chicken Spinach Puff
Broccoli and Cauliflower Gratin
Jacked Potato

* * *
Chicken Satay
Grill Pork with Mushroom
Cauliflower with Pea Carrot
Potato Gratin

* * *
Penne Tomato
Vegetable Quiche

* * *
Egg Omelete
Rice Cheese Ball

* * *
Chinese Vegetable Pancake
Chick Pea Rice

* * *
Mash Potato Ball
Stuffed Pepper

* * *
Cream of Spinach
MuShroom Vol Au Vent

* * *
Prune Cake
Walnut Cake

* * *
Yogurt Felee
Green Tea Cake

* * *
Lemon Tart
Cheese Cake

* * *
Chocolate Cake
Marble Cake

* * *
Apple Cake
Cherry Strudel



HS/MS Menu Week of Mar 1



Monday
01-Mar

Tuesday
02-Mar

Wednesday
03-Mar

Thursday
04-Mar

Friday
05-Mar

* * *
Chicken Broth
Cream Broccoli Soup

* * *
Minestrone
Cauliflower Soup

* * *
Onion Soup
Chicken Noodle Soup

* * *
Kimchi Soup
Potato Soup

* * *
Beef Goulash Soup
Tom Kha Gai

* * *
Grill Chicken Honey Soya
Pork Goulash
Corn Bean Mushroom and Tomato
Roast Mini Potato

* * *
Chicken Schnitzel
Beef Meatball
Carrot Broccoli and Pepper
Potato Gratin

* * *
Sweet Sour Chicken
Grill Lamb with Coriander
Zucchini Corn Bean Tomato
Aloo Jerra

* * *
Roast Chicken Leg
Cottage Pie
Cauliflower Pea and Tomato
Grill Corn

* * *
Chicken Teriyaki
Thai Beef Curry
Green Bean and Carrot Stick
Potato Wedge

* * *
Onion Ring
Broccoli Mimosa

* * *
Egg Omelete
Spinach Quiche

* * *
Fried Rice
Vegetable Pancake

* * *
Spinach Calzone
Gnocchi Tomato

* * *
Stuffed Mushroom
Pineapple Rice

* * *
Cinnamon Roll
Peach Cake

* * *
Kiwi Tart
Chocolate éclair

* * *
Chocolate Roll
Pudding Cake

* * *
Strawberry Jam Pie
French Apple Pie

* * *
Chocolate Mousse Cake
Macaroon Layer Cake

Soup
Main course