



## ES Set Menu A La Carte 22/2/2010



**Monday**  
22-Feb

**Tuesday**  
23-Feb

**Wednesday**  
24-Feb

**Thursday**  
25-Feb

**Friday**  
26-Feb

**Salad Bar**

**Fruit Bar**

**Salad Bar**

**Fruit Bar**

**Salad Bar**

**Menus\***  
Set Menu. Grades 1-3  
**A** Roast Chicken Siciliana  
**B** Hot Dog  
**Veg (C)** Vegetable Quiche

**Set Menu. Grades 1-3**  
Mini Chicken Patty  
Grill Pork Jiaozi  
Rice Cheese Ball

**Set Menu. Grades 1-3**  
KungBao Chicken  
Beef Burger  
Chinese Vegetable Pancake

**Set Menu. Grades 1-3**  
Beef Stronganoff  
Baked Pasta with Sausage  
Stuffed Pepper

**Set Menu. Grades 1-3**  
Pizza Margarita  
Cottage Pie  
Cream of Spinach

**Desserts**  
Cookiejs  
Mixed Fruit

**Desserts**  
Chocolate Eclair  
Fruit Bar

**Desserts**  
Oat Meal Cookiejs  
Mixed Fruit

**Desserts**  
Carrot Cake  
Fruit Bar

**Desserts**  
Brownies  
Mixed Fruit

\*Set menu includes: Choice of 1 main dish (A, B or Vegetarian C) + starch and veggie; Choice of 1 (dessert or daily fruit); Choice of 1 (juice, water, yogurt or milk) and fruit or salad bar

**A la Carte. Grades 3-5**  
Grill Sausage  
Pizza Margarita  
Fried Rice  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Spring Roll  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Sausage Potato Bake  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Roast Drum Stick  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Kimchi Bacon Rice  
Pasta w/Tomato Sauce



## ES Set Menu A La Carte 1/3/2010



**Monday**  
01-Mar

**Tuesday**  
02-Mar

**Wednesday**  
03-Mar

**Thursday**  
04-Mar

**Friday**  
05-Mar

**Salad Bar**

**Fruit Bar**

**Salad Bar**

**Fruit Bar**

**Salad Bar**

**Menus**  
Set Menu. Grades 1-3  
**A** Pork Goulash  
**B** Honey Chicken Sandwich  
**Veg ©** Broccoli Mimosa

**Set Menu. Grades 1-3**  
Chicken Schnitzel  
Penne Bolognese  
Egg omelete

**Set Menu. Grades 1-3**  
Chicken Teriyaki  
Pork Burger  
Vegetable pancake

**Set Menu. Grades 1-3**  
Roast Chicken Leg  
Macaroni Cheese  
Spinach Calzone

**Set Menu. Grades 1-3**  
Pizza Bolognese  
Chicken Teriyaki  
Pineapple rice

**Dessert**  
Mini Muffin  
Mixed Fruit

**Dessert**  
Cookiejs  
Fruit Bar

**Dessert**  
Pumpkin Pie  
Mixed Fruit

**Dessert**  
Apple Strudel  
Fruit Bar

**Dessert**  
Chocolate Doughnut  
Mixed Fruit

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**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Bacon Spaghetti  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Pork Udon Noodle  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Grill Lamb  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Mexican Chicken Lasagna  
Pasta w/Tomato Sauce

**A la Carte. Grades 3-5**  
Mini Hot Dog  
Pizza Margarita  
Samosa  
Pasta w/Tomato Sauce